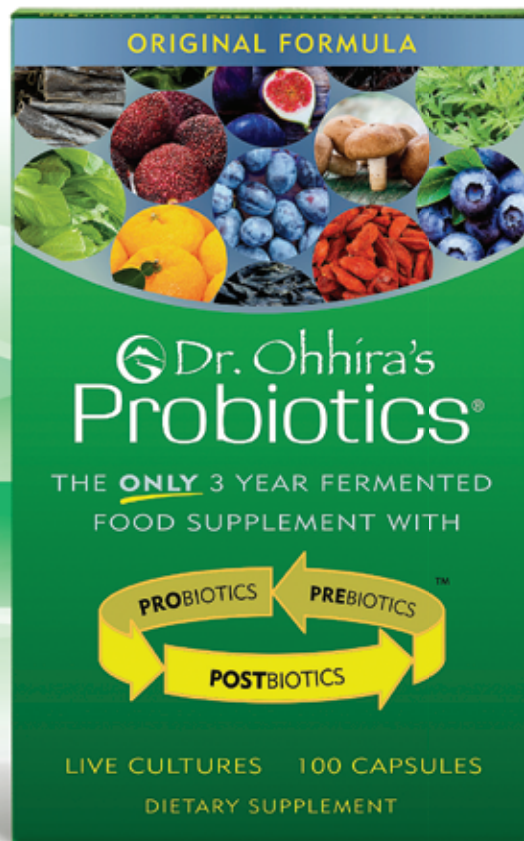


# Experience the Perfect Probiotic

THE **ONLY** 3-YEAR FERMENTED FOOD PROBIOTIC



 Dr. Ohhira's Probiotics®  
ORIGINAL FORMULA



# The Dr. Ohhira Difference!

Over 30 years ago Dr. Ohhira proved that supporting the optimal intestinal balance is more than just delivering massive amounts of a few isolated probiotic strains into our systems. His research showed that it all has to begin with the foods we eat, with a focus on traditional fermented foods. As a result, Dr. Ohhira selected wholesome fruits – including some that are now recognized as “super fruits” — vegetables, mushrooms and even seaweed, as a rich source of diverse prebiotic fibers.



## **PREBIOTICS**

A wide variety of whole fruits, vegetables, mushrooms and seaweed rich in fibers – a diversity that helps support a broad range of beneficial bacteria.\*



## **PROBIOTICS**

12 select strains synergistically grown together and shown to have positive effects for overall intestinal health.\*



## **POSTBIOTICS**

Compounds (metabolites) created by the probiotic bacteria to protect, renew and assist the body's basic and critical functions.\*



## With PRE, PRO and Restorative POSTbiotics

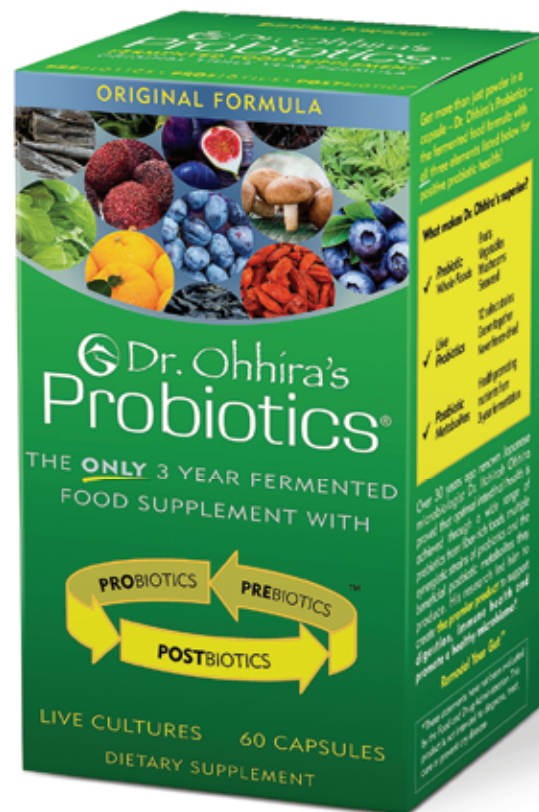
He added 12 proven strains of probiotics and grew those together to ferment the rich food source. Over a three-year period, these probiotic bacteria created hundreds of natural postbiotic metabolites — mirroring what beneficial bacteria do in an optimal intestinal system. Modern science is now confirming that the real benefits from probiotic supplementation actually come from these postbiotics and that they are critical for supporting the intestinal system and ultimately health throughout the entire body.\*

## Why do we need to support the friendly bacteria?

The over-use of antibiotics, poor diets, toxic environments and lives filled with stress have taken a dramatic toll on the balance of friendly or probiotic bacteria that our good health depends on. We need to support and rebuild our own intestinal microbiome to:

- Facilitate healthy digestion\*
- Support a healthy immune system response\*
- Promote nutrient absorption\*
- Produce key nutrients including short-chain fatty acids and other organic acids, vitamins, chelated minerals and amino acids\*
- Help maintain a healthy gut pH\*
- Support the body's natural detoxification process\*
- Help maintain healthy cholesterol levels already within the normal range\*
- Assist in healthy weight and appetite maintenance\*
- Promote positive mood and brain-gut communication\*

Scientific research continues to find new and amazing ways in which a healthy intestinal microbiome affects our whole being. Daily use of Dr. Ohhira's Probiotics plays an important role in achieving that balance and support.





# Discover the Dr. Ohhira Difference!™

## Effective & Complete

Backed by over 30 years of research and international studies, the unique combination of Prebiotics, Probiotics and Postbiotics contained in Dr. Ohhira's shows maximum support for intestinal health and immune response.\*

## Balanced & Vigorous

The 12 probiotic strains – some of which are only found in Dr. Ohhira's formula — are grown together for 3 years to ensure synergy and viability.

## Broad and Lasting Benefits

Organic acids naturally produced by the bacteria help maintain a healthy digestive pH, which benefits hundreds of other beneficial strains in the system — many strains are unique to the individual.\*

## Ready to work

Dr. Ohhira's Probiotics are fermented for 3 years at room temperature and delivered to you as live, active cultures.

## Exceptional Quality & Value

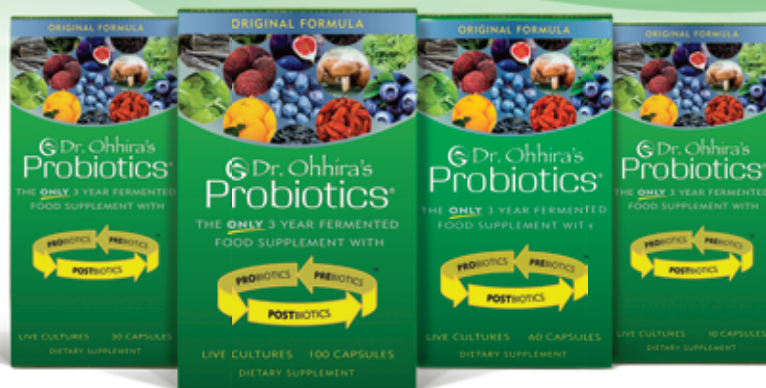
The key benefit that probiotics provide comes from the postbiotic metabolites they produce — Dr. Ohhira's Probiotics provides both the best quality and value with a rich postbiotic content.

## Hypoallergenic & Stable

No dairy or gluten. Blister-packed for product integrity and convenience. No refrigeration required — shelf stable with impressive 3-year shelf life.

## Perfectly Natural

100% vegetarian, non-GMO and FREE of artificial additives, chemicals, preservatives, or colorings.



## Supplement Facts

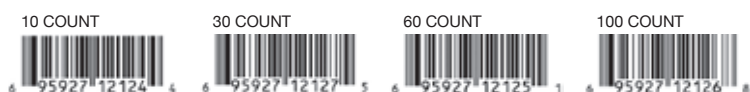
Serving Size: 1 capsule

	Amount per serving	% Daily Value
<b>Proprietary Fermented Food Concentrate† including:</b>	<b>420 mg</b>	<b>**</b>
<b>PREBIOTICS</b> —Fruits: Prunes ( <i>Prunus domestica</i> ), Goji berries ( <i>Lycium chinense</i> ), Figs ( <i>Ficus carica</i> ), Blueberries ( <i>Vaccinium spp.</i> ), Red Bayberries ( <i>Myrica rubra</i> ), Yuzu fruit ( <i>Citrus junos</i> ) Vegetables (leaves and stalks): Japanese mugwort ( <i>Artemisia princeps</i> ), Komatsuna ( <i>Brassica rapa var. perviridis</i> ), Mushrooms (fruiting bodies): Shiitake ( <i>Lentinula edodes</i> ), Agaricus ( <i>A. blazei</i> ), Maitake ( <i>Grifola frondosa</i> ) Seaweed (leaves & stalks): Hijiki ( <i>Hizikia fusiforme</i> ), Wakame ( <i>Undaria pinnatifida</i> ), Kombu kelp ( <i>Laminaria japonica</i> )		
<b>PROBIOTICS</b> —Lactic Acid Bacteria (used in fermentation): Bifidobacteria ( <i>B. breve ss. breve M-16v</i> , <i>B. infantis ss. infantis M-63</i> , <i>B. longum BB536</i> ), Enterococcus faecalis TH10, Lactobacilli ( <i>L. acidophilus ATCC SD5212</i> , <i>L. brevis NBRC 3345</i> , <i>L. bulgaricus NBRC 13953</i> , <i>L. casei TO-A</i> , <i>L. fermentum NBRC 3071</i> , <i>L. helveticus ss. jugurti BBRC 3809</i> , <i>L. plantarum TO-A</i> ) and <i>Streptococcus thermophilus NBRC 13957</i> .		
<b>POSTBIOTICS</b> (nutrients developed in fermentation process) including: Short-chain fatty acids and other organic acids (such as acetic, citric, fulvic, humic, and phenyllactic acids), oligosaccharides, polyphenols, melanoidin (anti-oxidant), and trace amounts of chelated minerals, vitamins and amino acids.		

\*\* Daily Value (DV) not established

† Proprietary formula studied and developed by BioBank Co., Ltd.

Other ingredients: Mountain spring water, safflower oil, vegetarian soft-gel capsule (roasted non-GMO starch, glycerin, food-grade carrageenan from red seaweed, and class 1 natural caramel color), calcium carbonate, glycerin ester, vitamin E, beeswax, and lecithin. **Does not contain milk, egg, fish, tree nuts, wheat (gluten), peanuts or soy allergens. 100% Vegetarian, Gluten Free, Non-Dairy, Non-GMO**



## ESSENTIAL FORMULAS®

[www.EssentialFormulas.com](http://www.EssentialFormulas.com)

Essential Formulas Incorporated • (800) 430-6180 • [info@essentialformulas.com](mailto:info@essentialformulas.com)

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DrOhhirasProbiotics



@DrOhhiras